

Course Outline and Details

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| Course Code | CL62327G | Title: | Calming Craft: Soothing Scrapbooking |
| Time and duration | | Location | |
| Start Date: | 29 February 2024 | TACC within OCH | |
| Start Time: 09:30 | End Time: 11:30 | The Old Courthouse | |
| Start Day: | Thursday | Orsett Road | |
| No. of Lessons: | 5 | Grays | |
| No. of Weeks: | 5 | Essex | |
| Total No. of Hours: | 10.00 | RM17 5DD | E: tacc@thurrock.gov.uk |

Description

Have you always wanted to record fun events and happy memories, but never find the time? Come and join us to discover how to create imaginative pages in a scrapbook using photos and other memorabilia.

Entry Requirements

None

Term Dates

Our courses are ESFA subsidised and we have to meet funding rules on attendance. Learners are asked to book any holidays outside of course dates.

For an updated list of term dates please visit: <https://tacc.ac.uk/term-dates/>

Learning Outcomes

By the end of the course you will be able:

To use craft as a means to support your mental health.

To try out at least 2 simple scrapbooking techniques.

To create at least 2 pages to preserve your memories of a special event.

Looked at ways to take responsibility for your own health and wellbeing and identified areas to concentrate on to improve these areas.

Resources/Equipment

Resource list will be provided nearer the start date.

We advise you not to purchase anything before your first lesson as we are unable to refund the cost of these in the event a course is cancelled.

Please bring the following to the first class:

* Pen

* Note paper

Assessment (e.g examinations, portfolio)

The tutor will carry out informal assessments during class which may include photos of achievements.

Progression

Calming crafts, other wellbeing and/or craft courses.
Other courses with TACC

Health/Medical Conditions

Please advise your tutor of any medical or health issues that may impact on your learning or your safety whilst attending the college.

The College wants to make sure every learner has the best chance to achieve their full potential. If you need any help or support on your course, and you have not told us already, please speak to your tutor or email TACC@thurrock.gov.uk and a member of staff from our Learner Experience Team will contact you. Everything you tell us is in confidence and we will only use this to help you on your course.